

Chest Injuries and Abdominal Injuries

Condition	Signs & Symptoms	Treatment	Definition/Notes
Pneumothorax	<ul style="list-style-type: none"> Absent or diminished lung sounds, usually following trauma 		
Tension Pneumothorax			<ul style="list-style-type: none"> Significant air accumulation in the chest, collapsing the lung, and pushing the mediastinum into the opposite plural cavity decreasing cardiac output
Hemothorax	<ul style="list-style-type: none"> Difficulty breathing Hypotension Flattened jugular veins 		
Cardiac Tamponade	<ul style="list-style-type: none"> Becks Triad <ul style="list-style-type: none"> ○ ○ ○ 		
Flail Chest		<ul style="list-style-type: none"> Request ALS for pain management Oxygenate Allow Pt to hold pillow to affected area. 	
Pulmonary Contusion			
Commotio Cordis			<ul style="list-style-type: none"> A lethal disruption of heart rhythm that occurs as a result of a blow to the area directly over the heart (the precordial region) at a critical time during the cycle of a heartbeat, producing R-on-T phenomenon
Traumatic Asphyxia			
Pulmonary Contusion			

Evisceration		<ul style="list-style-type: none">• Control bleeding• Cover with moistened sterile dressing• Add multiple layers to keep warm, occlusive dressing.	
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